



VOL. 38, NO. 8

BROADMEAD, COCKEYSVILLE, MD

APRIL 2017

Broadmead to convert Cluster W to profitable marina

Story and photo by Erroll Hay

Due to increased population in the Baltimore Metro area, the City Water Department has decided to increase the height of the Loch Raven Dam which will in turn raise the height of the lake's water level. Water will back up into the Western Run, causing the wetland area of Broadmead to flood and become a lake. To take advantage of this new lake (see *photo above*), Cluster W will be converted to a marina and yacht club. The income produced from club membership fees and boat dockage fees is expected to offset residents' monthly fee increases. Cluster W residents remain unconvinced, but they represent a minority of

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Residents' objections to white walkway covers lead to decision to paint them pink.

Story and photo by Bill Breakey

In collaboration with the BRA Buildings and Grounds Committee, the administration has once again preempted an incipient resident revolt with a solution to the much disputed question of the color of the new walkway roofing. Each cluster will decide by consensus what its color will be. M Cluster was the first to make a decision and chose pink (as shown in photo on page 2). N Cluster soon followed and selected beige.

Continued on page 2

Conservation Committee recommends restricting electricity use to daylight hours to reduce utilities bill

By Voice staff writer

Faced with an unexpected overrun in the utilities budget, the resident Conservation Committee, headed by long-time outspoken advocate of all things ecologically correct resident Sally Bloomer, proposed that residents be limited to the use of electricity during daylight hours. Some residents objected, saying that they especially need light after the sun goes down. Others, including those in the poetry class, claimed reading in the dark was stimulating and good for the soul.

The BRA Finance Committee, chaired by Marj Espenschade, is considering the proposal, although insiders leaked that the committee fears the powerful pro-illumination and night owl lobbies and is unlikely to forward the proposal to

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Inside ...

Because of the Marina, Walkway and other scoops, what was formerly page one is now page three. Except for pages one and two, the rest of the issue is free of April Foolery.

The masthead photo by Erroll Hay shows an architectural rendering of the new marina.

Huge donation leads trustees to rename Hillside Homes Mar-a-Lago North

Story by Marcia Reinke, photo by Erroll Hay



Although seemingly reluctant to take this controversial step, the Board of Trustees, through a spokesman, stated they had no alternative, given their fiduciary obligation to save Broadmead from bankruptcy. VP for Advancement Jennifer Goforth defended the action, explaining that it was not easy raising money for a well-off elderly population. The individual buildings will be named The Donald and The Trump. Some residents argued that this step was tantamount to killing Broadmead in spirit. Others said they would learn to live with it, as long as their fees didn't rise. **Continued on page 62**

Resident revolt cleverly, if brutally, put down by administration

CEO John Howl, learning of the outrage over the rebranding of the new buildings, hastened to reassure residents that he would recommend to the trustees that they not accept a gift of a life-size "bronze" statue of a Playboy Bunny that had been earmarked for placement at the front entrance to the buildings (see photo on page 14). Though many residents were mollified, others were

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Food Service to go vegan; vegetarians triumphant, carnivores plot comeback

Food Service head Bernard Queen announced the change in menu offerings last week, explaining that he was respecting the choice of a majority of residents. Gone are the days, he explained, when residents were simply told what to eat. Moreover, Bernard added, most peer-reviewed medical research points to a healthier life for seniors who are vegans. He also said that a vegan menu was less expensive and that he was being pressured by CFO John Palkovitz to reduce his department's budget-busting spending. John had no comment on the budget issue, but admitted to a special fondness for lean meat. Broadmead carnivores seized on this statement to allege discrimination against

Continued on page 65

Walkways continued from page 1

L Cluster, after a contentious meeting, opted for lime green. At press time, K Cluster was still trying to break a tie vote.



Under guise of Atrium display, slot industry taking steps to establish position in Broadmead's wellness offerings

Unaware of the purpose behind the exhibit, residents marveled at the array of historic slot machines now on display in the Atrium. What they didn't know, and the Voice's investigative journalists have discovered, is that they are the tip of the casino industry's drive to establish the first casino in a CCRC in Maryland. When asked for his opinion, CEO John Howl said he was always in favor of Broadmead being in the forefront of any

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Broadmead finally gets traffic light

by Alma Smith and Bob Heaton

This is NOT an April Fool's story. The State Highway Administration has determined that Broadmead's current volume meets the criteria for the installation of a traffic light at the new entrance. At the March Fireside Chat, CEO John Howl said he will believe it when construction actually begins. He quickly added that the project is slated to start this summer and be completed by the end of the year.

The light will be activated by vehicles exiting Broadmead in the left lane to turn south onto York Road. Oncoming northbound vehicles will be stopped, allowing departing vehicles to cross on a green light into a concrete-protected southbound lane, with plenty of space to accomplish a safe merge into the travel lane. This configuration is known as a "Maryland T."

Vehicles turning right (north) from Broadmead will not activate the light, but will be afforded a long merge lane to safely enter the travel lane.

Since Broadmead's founding, many have believed that Broadmead needed and deserved a traffic signal. The anticipated increase in vehicles connected with the new housing units in the Master Plan added urgency to the need. Delegate Chris West, as well as other legislators, community members and residents, worked together to build a case. Delegate West introduced House Bill 411, which called for traffic signals at any

Continued on page 6

Medical Director Barbara Carroll to retire; Broadmead considers partnering with a physicians group

By Jackie Mintz

At a recent Fireside Chat, CEO John Howl took a Broadmead audience by surprise by announcing that Dr. Barbara Carroll, long-time medical director at Broadmead, would be retiring this June. Praising her tireless advocacy, John expressed his deep regret at her retirement but also his pleasure that she would now be able to take the trips with her recently retired husband that she had long wanted to do.

On top of that stunning news came the further announcement that Broadmead was considering partnering with an outside physicians group to provide the services previously offered in-house. John mentioned that they had made inquiries to several groups, including Gilchrist Medical Services at GBMC.

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Inside...

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The masthead photo by Erroll Hay shows Lenten roses blooming behind D-3.

Quarantine builds community on Hallowell and Taylor

by Gwen Marable

The recent norovirus outbreak isolated Taylor and Hallowell Halls, presenting residents and staff with new routines but also new opportunities. Marty Nichols, Lifestyle Coordinator in Taylor, said the quarantine built community, almost "like a family."

The rules in Taylor were "no touching each other and no sharing equipment." Residents who showed no symptoms were allowed to leave their rooms, though not the floor, and boxed meals were served. At most times of the day, Taylor residents could choose to be active, as long as they washed their hands regularly and thoroughly.

Exercise was encouraged and included a walking challenge. Following blue arrows, residents who completed walking the perimeter of Taylor, walked a fifth of a mile. Some walked more.

Activities included brain aerobics, crossword puzzles and brain teasers. At 4 p.m. every day, Marty read from *Lincoln, the Unknown*, by Dale Carnegie. Films on nature, history, music, astronomy, the Bible, and travel were shown. Evening movies were, as always, a favorite activity.

On Hallowell, the Activity Room became the headquarters for the team of Stacey Young, lifestyle director, and Laurie Snyder and John Moriarty, lifestyle coordinators, who coordinated the East and West Halls during the quarantine. Their focus was on maintaining consistency in the lives of the residents. The team also kept in touch with the residents confined to their rooms.

The usual daily activities were scheduled, including the computer program "It's Never Too Late," as long as there was no cross-contamination.

Patience was called for, because some residents who were accustomed to leaving the floor or having visitors had to discover new activities. Watching the election on TV in a group prompted a lengthy conversation, as each person shared memories of past elections.

Carroll retirement continued from page 3

Contrary to the widespread perception, Gilchrist also provides medical services to seniors in a range of non-hospice situations.

Not surprisingly, residents raised numerous questions: How many physicians would there be? Would it save Broadmead money? Will residents be able to choose their own physician? Will residents be able to continue seeing their current specialists?

John said that the intent is to have a team of geriatricians who would provide services at Broadmead and that 24/7 on-call availability is an expectation.

He promised to provide more information when the administration was further along in the search and negotiations process and said that Robin Somers would be working with the resident Health Care Committee to obtain residents' input.

In reply to questions about outsourcing, John explained that the relationship would be similar to the one established with Genesis for rehabilitation services. That arrangement, he pointed out, had provided a greater range of therapies and therapists, as well as giving therapists working at Broadmead access to a wealth of expertise and experience not possible with a small in-house operation. In effect, it had supplied a deeper bench of specialists and specialties. John said he had hopes for great flexibility, top quality, and a sustainable program.

Open Forum

7 p.m. Auditorium

Thursday, April 13

"Building a Better Future for Children,
Families and Communities"

Jann Jackson

Director, Annie E. Casey Foundation

Friday, April 28

"Afghanistan/Pakistan"

Ambassador Ronald E. Neumann

(former Ambassador to Afghanistan)

Bird and Nature

Thursday, April 20
11 a.m. Fireplace Room

Bird Walks

By Anne Allen Dandy & Dot Gustafson
Saturdays, 8 a.m.
April 15 through May 27

Across from
Cluster ABC parking lot
Everyone welcome

Residents Association Concert Series

Fetter Chamber Music Students of Swarthmore College

Sunday, April 2
2 p.m. Lounge,

Baltimore Choral Arts Society Chamber Choir

Wednesday, April 12
7 p.m. Lounge

Ricson Poonin - Trombone

Wednesday, April 26
7 p.m. Lounge

**Please
wear name tags!!**

Nominating committee presents slate of new BRA officers

By Jackie Mintz

A slate of nominees for Broadmead Residents Association officers was presented by the Nominating Committee at the BRA Board of Directors meeting. The election is scheduled for Monday, June 5. Additional nominations may be made from the floor of the Annual Meeting.

On the proposed slate, Bob Daly remains president and Sue Carnell stays on as first vice president. Cliff York will remain as second vice president.

The slate lists Amy Redmon-Norwood for secretary and Barbara Hiscock as associate secretary. Amy is a relatively recent newcomer, having arrived in April 2016; Barbara has been a resident since mid-2015.

Erroll Hay and Jai Dixon remain on the list of nominations for Treasurer and Associate Treasurer, respectively.

Appointed to serve as Cluster coordinator is Alice Giles, who currently holds that position. The post of activities coordinator, currently held by Ethel Landis, is also appointed.

Mary Frances Wagley has been nominated to serve as one of the two BRA representatives to the Board of Trustees. She would replace Susie Fetter and join Jim Crowder.

On the slate for the elected slots on the 2017-2018 Nominating Committee are: Frank Iber, Lynn Jones, and Jean Wilson. Appointed by the President is Sibylle Ehrlich.

Serving on the 2016 Nominating Committee were Sibylle Ehrlich, Lynn Jones, Jean Wilson, Frank Iber and Florence Platt.

Country Store

Weekdays 10 a.m. - 2 p.m.
Saturdays 11 a.m. - 1 p.m.
Gift Cards are available

Corner Cupboard

Weekdays except Wednesday 10 - 4:30

Traffic Light, *continued from page 3*

CCRC fronting on a State highway. Only one other CCRC in Maryland fits this description.

On February 15 and 23, while this bill and its Senate counterpart, SB 418, were in committee hearings, an impressive pro-light contingent descended on Annapolis to testify.

John Howl was joined by Aaron Greenfield, a LeadingAge official; Fran Anderson, Broadmead's project manager; and a number of Broadmead residents, including current and past MaCCRA presidents Alma Smith and Jonas Rappeport, BRA president Bob Daly, and Ken Lewis.

Other residents assisted in the planning process, some of whom wrote letters of support. Legislators and highway officials were shown a video produced by Joyce Malone and George Pattee of Environmental Services that demonstrated dramatically how hard it can be to exit Broadmead safely.

This extensive network was organized by Jennifer Goforth, vice president for advancement and communications.

The legislators agreed that providing a light had become necessary, but rather than going through the long process of enacting legislation, they prevailed upon the SHA to conduct a new traffic count, since the previous one was two years old. This time the numbers cleared the bar.

In making the announcement at the Fireside Chat, John Howl extended praise and thanks to all those who brought about the successful outcome. He particularly noted the work of Alma Smith, who, in turn, believes that Delegate West was the key player who made things happen.

Broadmead Writers Group

Fridays at 4 p.m.

Fireplace Room

Often followed by dinner

New members welcome

Hampton Park Ranger interprets life of the enslaved

By Gwen Marable

Anokwale Anansesemfo, a U.S. park ranger assigned to Hampton Mansion and Fort McHenry, spoke last month at a Black History event sponsored by the Multicultural Committee.



Photo by Erroll Hay

She exchanged her usual uniform for a long dress, apron and cotton cap to interpret the lives of two of the 300 enslaved people who lived on what is now the Hampton National Historic Site in Maryland.

Speaking in the voice of each woman, she told of the harsh life led by enslaved people working on the Ridgely land and in the iron works, alongside many

indentured servants.

The audience was able to handle heavy iron chains and head restraints that were used to keep the enslaved workers from running away.

Anansesemfo, who also teaches African American history at Stevenson University, then presented the history of Hampton, describing the lives and land of the Ridgely family.

Multicultural Committee Presents

Phoenix R. Kawamoto, MSW

Weaving Together Questions and Answers About LGBTQ

Monday, April 3
7 p.m. Auditorium

Many consultants involved in complicated Master Plan

By *Bernie Anderson*

When John Howl became CEO in 2013, his challenge was to put Broadmead on a financially sustainable path. The occupancy rate in the community was hovering below 85 percent. In an industry that was growing, this rate appeared unsustainable if future financial viability and competitiveness were to be ensured.

The plan began with defining a strategy for the future. The so-called Master Plan became the major element in that strategy. It was a vast undertaking, with a final budget of \$55 million.

According to John, "When you are doing something that involves a capital expenditure here and there, it's one thing, but when you are doing something that involves increasing independent and assisted living facilities, skilled nursing care, updates to the community center and all that involves, it's a huge undertaking. It takes a competent team to make all that happen."

The complexity of managing a \$55 million project that includes planning, scheduling, designing, construction and financing is beyond the scope of the day-to-day operations of any business. There was an obvious need for leadership to help put all of this together and to manage the implementation process.

A team of Broadmead staff, members of the Board of Trustees, and three resident representatives, with the help of an outside expert, put together the information needed to request proposals from consulting firms with experience in the various aspects of senior living. The response was overwhelming.

After evaluating the various proposals, nine organizations were chosen to implement the Master Plan and its many components.

First, it was necessary to verify that there was a market for what Broadmead was planning. The marketing firm of **Love & Company** was selected to do just that. Headquartered in Frederick, MD, this company specializes in analyzing the market and envisioning where a senior living community might be in the future to be competitive in its marketplace.

This expertise helps determine the need and viability of making changes and improvements. Knowledge and experience in the demographics of senior living was an important beginning.

Once the marketing study was completed, and the need verified, a lead architectural firm, **RLPS**, in Lancaster, PA, was selected to oversee the entire project. RLPS has extensive experience in the design of senior living, assisted living, dementia/memory care, short-term rehab and health care facilities in general.

Residents who have attended the various Master Plan review sessions will recognize the name of **Mike Martin**, an RLPS architect. He is responsible for overseeing the overall design of the Master Plan, and has

presented the various schematics showing the proposed plans as they have evolved.

The architectural work began with the development of "design charrettes," which were presented to residents for feedback. One may remember the original concept that involved tearing down selected units to accommodate the new design. Resident reaction was swift and resulted in major changes. Subsequent changes have evolved over time as the result of numerous resident reviews.

ARCH Consultants was selected to coordinate and manage all the consultants needed to implement the Master Plan.

Headquartered in Illinois, ARCH is a national firm with deep experience and



Michael Martin

Continued on page 8

Sew and So

Tuesday and Wednesday
10 a.m. to noon - Room S-215
Freshly laundered garments only!

expertise in all aspects of managing and developing master plans for senior environments.

A local firm, **RECOMP** (Real Estate and Construction Management Partners) was selected to help manage compliance with local environmental and regulatory requirements. Fran Anderson, the president, is frequently on site at Broadmead, overseeing the project and providing guidance regarding local regulations. This firm is responsible for the relocation of the Broadmead entrance, which is a prerequisite for all other construction and is currently scheduled to begin this fall.



Fran Anderson

The civil engineering firm **DMW** was engaged to help in the design of necessary grading, stormwater management, flood plain issues, and plans for roadways, sewers, sediment and erosion control, and utilities.

Two firms were contracted to work with Broadmead's Finance Office on all financial aspects of the Master Plan.

Ziegler is a privately-held national wealth management and proprietary investment firm specializing in health care and senior living, among other sectors. Ziegler was selected to help raise the capital needed to implement the Master Plan. **Clifton, Larsen and Allen**, another national firm, specializes in providing accounting services, including financial feasibility and modeling for senior living communities.

Actual construction will be done by **Wohlsen Construction**, an award-winning company based in Lancaster, PA. Wohlsen has already been busy on the Broadmead campus, renovating garden homes and rebuilding the covered walkways.

Finally, there is a need to ensure that all of the elements in the Master Plan can be accomplished without depleting resources or having harmful environmental impacts. This means meeting the needs of the present

Wellness

The Exchange

Guest: Ann Patterson

Health Care Administrator

Thursday, April 20

3 p.m. Auditorium,

TED Talks

Thursday, April 27

3 p.m. Auditorium

Wellness Scavenger Hunt

April 10 - April 28

Sign-up at the Wellness Center

A smartphone or tablet is required.

Uncover the secret message for your chance to win a 30-minute massage.

Broadmead Trips Committee

The Reopened Wing of the National Gallery of Art

Tuesday, May 2

Bus departs: 9 a.m., Lower Level

Return by 4 p.m.

Pimlico Race Course

Friday, May 26

Bus departs: 11:15 a.m., Lower Level

Return by 3:30 p.m.

*Please check the Trips Bulletin Board
behind the reception desk
for information and sign-up sheets.*

without compromising the ability of future generations to meet their own needs. Such an effort is defined as sustainable or "green construction." Sustainability of the Master Plan is the responsibility of **Steven Winter Associates**, which specializes in the development of best practices to achieve high-performance buildings.

Broadmead Welcomes

Mary Ellen Reed McMillin, D-14.

443-578-8287. maryellenmcmillin@gmail.com.
March 2017

Mary Ellen McMillin has led a rich life, much of it on her own. After 10 years of marriage, she divorced and raised her young son, Scott. She set aside plans for a pre-med program and went directly into business administration and accounting, earning a B.S. at California State University at Fullerton. With a background in tax preparation technology, she qualified as a CPA.

Mary Ellen grew up in Albuquerque, NM and lived in Irvine, CA until she came to Annapolis, where she lived for 30 years.

Her experience in accounting and as a financial analyst led to work with Ernst and Young and then with the National Oceanic and Atmospheric Administration (NOAA), where she reviewed budgets and grants for oceanic research.

Later, she became an independent consultant to major CPA firms, assisting in the use of new technologies.

Mary Ellen has always been intrigued with the sea. She often took her young son and his friend on a 22-mile boat trip through the California Channel Islands to Catalina Island and back.

She chose Annapolis as a place to live, to be close not only to Washington, DC, but also to the Chesapeake Bay.

She has been involved for 25 years a first mate and volunteer with Singles on Sailboats on the Chesapeake Bay.

Mary Ellen is also a master gardener. From her large ornamental garden at the Annapolis house, she has brought many large pots, as well as her dog, and is establishing a new garden.

Mary Ellen has three step-grandchildren.

By Mary Ellen Saterlie



TED Talks Latest Addition to Wellness Offerings

By Bob Heaton

Director of Wellness Andy Switzer will present two 15-minute videos of TED talks by experts in their fields on Thursday, April 27, at 3 p.m. in the auditorium.

Each video will be followed by an interchange of comments and ideas. Andy believes this type of exchange is an important contributor to overall wellness.

The programs are being offered at no charge to Broadmead by TED, a non-profit media corporation. The acronym stands for "Technology, Entertainment, and Design." The two presentations are from the "Nature" collection. The first will be "How Trees Talk with One Another." The second title has yet to be chosen.

Over 2,400 TED talks are available, and Andy hopes that many such afternoon events will follow. To learn more about this entity online, visit TED.com.

Another new offering from Wellness this month is a scavenger hunt, scheduled for April 10–28, which requires the use of a smartphone or tablet. Andy has purchased a software package to facilitate the process by which contestants will seek to discover a secret message from clues transmitted to their phones or tablets. The winner will receive a 30-minute massage from Broadmead's onsite massage therapist. The software allows a limited number of participants, so hopefuls should sign up behind the reception desk or in the Wellness Center.

Wellness events continuing this month include The Exchange. Health Care Administrator Ann Patterson will speak about her on- and off-campus activities and answer questions at 3 p.m., April 21, in the auditorium.

The popular hiking/cycling trips to the NCR trail will continue each Tuesday through the first two weeks in May. The bus departs from the lower level entrance at 9:30 a.m. Sign-up is required so that an appropriately sized bus can be scheduled. Sign-up sheets are posted in the Wellness Center and behind the reception desk.

Broadmead Library catalog available online

By Del Sweeney

The catalog of the Broadmead Library is maintained as an online, public database by OPALS, an open-source library automation system.

Information about the library's collection is available to all residents from any computer or mobile device. The website address is <http://bm.ind.opalsinfo.net/bin/home>.

This address will take you directly to the Broadmead Library search page. If you save this as a favorite or bookmark on your first visit, you won't have to type the address in each time.

Although you can restrict your searches by author, title, or subject, because the library collection is relatively small, the library "staff" recommends keeping your search broad for best results.

On the search page, you will see a box labeled "Location." Leave this set at "All." The record for the book will tell you where the book is located. "Anywhere" refers to the place in the record where the words you type appear, choices such as title, author, subject. Again, you can leave this at the default setting. The next box is labeled "Keyword." Here you can enter anything about the book. If you know the author's last name, that is the surest search method. If you wish, you can add one or two words from the title or just enter the title or enter keywords that describe the subject you are interested in. Then press the "Search" button to the right.

When the results page comes up, if more than one record is shown, click on any title to see the full information about it, including the call number, location, and, for some fiction entries, a summary of the book. You can go back to the results list by clicking on the "Back to Results" button, or you can move through the results one at a time by pressing "Next."

As in any computer search, if there are no results, try using fewer search terms.

If you have any problems connecting, please contact Del Sweeney at delsweeney@yahoo.com. The Library Work Group wishes to thank Victoria Bragg for her help in this and other technology matters.

April Hallowell and Taylor

Friday, April 7 - 11 a.m.
Hallowell Hall Cluster Meeting

Saturday, April 8 - 3 p.m.
New Program: Magic Show with
Liam Laugherty

Sunday April 9 - 3 p.m.
New Program: Music with Mark Brine

Monday, April 17 - 10:30 a.m.
Taylor Hall Cluster Meeting

Wednesday, April 19 - 3 p.m.
Monthly Birthday Party with
music by The Good Timers

Thursday, April 20 & 27 - 11 a.m.
Communion Service with music
by Mary Agnes Evans

Sunday, April 30 - 2:30 p.m.
Trinity Kids Visit and Program

Newly Arrived Residents

Howard and Mary Toy

J-7

**Help your neighbors
and yourself
Wear name tags**

Broadmead landscaping is complex and well tended

By Penny Partlow

To the poetic, April showers bring May flowers, but to Linnette Kanitz, grounds manager, and her assistant, David Dawson, grounds technician, April means time to move into high gear. Recruiting is underway for a part-time grounds technician before the spring clean-up of front and back Cluster gardens begins.

Services provided in-house by Broadmead grounds crews include spring and fall cleaning of beds both front and back, dormant pruning as needed, spring mulching and summer weeding for fronts only. Premier Outdoor of Parkton is called in if extra help is needed in the spring.

Services that can be done electively on a fee basis include landscaping enhancements for new residents and supplemental services for weeding.

Residents receive a cluster garden maintenance schedule prior to each season and may consult Linnette on the suitability of plantings or removals under consideration.

Preference is for native plants that are adaptable to Broadmead soil conditions, and residents are discouraged from removing healthy plant material. Linnette can provide a list of shrubs, perennials and ground covers that are deer proof and grow well at Broadmead.

During the winter season Linnette, who holds a degree in horticulture with a concentration in landscape design and construction from Michigan State University, plans the designs and materials for the community summer beds and starts pricing competitively at local wholesale growers for spring orders.

While Linnette and David are preparing the beds and bringing in bedding plants, workers from BrightView Landscapes are servicing their mowers and blowers in preparation for removing the leftover autumn leaves and cutting the first spring grass.

Broadmead's landscape maintenance contract with BrightView for \$90,000 includes all mowing, leaf removal, snow management, mulching around the Center and maintenance of the storm water management area.

According to Joyce Malone, senior director of facilities, this amount includes some credits and services as needed, such as assistance with various community beds.

The Terrace Garden, formerly the Rose

Garden, is planted and maintained by resident volunteers, as are the seasonal raised beds in the shuffleboard area.

Tree service at Broadmead is currently provided as needed by Ryan Tree Care of Cockeysville under Linnette's supervision.

Linnette says that whenever a tree has to be removed, a new tree is planted, but not

necessarily in the same spot as before.

Broadmead is an inherited campus. Many of the trees came with the property and may not be ideally situated, so when they need to be replaced, other locations may be more suitable.

The wooded hillside area to the north, and the banks of the Western Run, are protected by a Baltimore County Environmental Impact Review Program, and Broadmead cannot prune or remove plant material unless it presents a danger to humans.

Removal of invasive and exotic plants is allowed and has been accomplished along sections of the perimeter road. Unsightly log jams and debris pileups in the Western Run,



***Linnette Kanitz and David Dawson
cleaning out Lake Maybe.***

Photo by Erroll Hay

Continued on page 13

A problem with your unit? Call 8022

By Richard Goody

The *Voice's* inquiring reporter has investigated the process for getting help if something isn't working in your unit. The first step is to call Keri Omopariola, Office Manager and Dispatcher for Maintenance. If she is not available, you should leave a message. You can also email her at komopariola@broadmead.org. Keri will make out a work order for your job and see that it gets to an appropriate Maintenance technician. Dave Witkowski, Director of Maintenance, emphasizes that, apart from real emergencies (call 8011 after business hours), this is the way that your problem will receive prompt attention. Calling any other number will result in delays.

Keri, Dave and the working staff are accommodated with some others under crowded conditions in the handsome, old white house near the Center, on Copper Beech Lane. This building is well past its useful lifetime, but it will be renovated and extended under the Master Plan.

The in-house Maintenance staff at Broadmead consists of a plumber, an electrician, an electronics technician, an HVAC technician (for the heat pumps), and three generalists, including one with carpentry skills. Technicians may each have up to 15 work orders in a day. They work out their own priorities based on their knowledge of the problem and of the resident who needs help.

If more specialized skills are required, if it is after hours or during a vacation, or if the job is too large, Dave engages private contractors. After hours, this work is overseen by the campus security officer.

Some of the work of Maintenance is automatic, meaning that residents do not have to call for it. Such work includes HVAC systems, which are maintained every year and the filters replaced quarterly. Fire alarms are checked annually.

Outside work, principally snow and ice removal, is handled by Maintenance staff. During snow emergencies, staff business hours are extended to 7 p.m. Outside normal business hours, Broadmead's landscaping contractor, BrightView, is called upon.

Maintenance work in the Center is handled similarly to that in the clusters except that large equipment and machinery is handled by outside contractors.

Recent Advances in Cancer Treatment

By Frank L. Iber M.D.

Speaking at a Health Care Lecture in February, resident Dr. Frank Iber discussed recent developments in cancer treatment. He explained how cancers grow, mentioned newly developed drugs that have shown promise, and noted existing vaccines that can prevent several types of cancer.

Cancers are caused by multiple mistakes during the necessary divisions of normal cells, resulting in uncontrolled growth. Each cancer is unique, like a fingerprint. When cancer cells are compared to normal cells, there are on average 70 to 100 gene differences.

Many cancers utilize one of about 50 common pathways for their growth. Identifying and treating the common pathways is called "precision treatment." These treatments prolong survival usually by a year or more, but rarely result in a cure.

Most cancers under 2 cm. in diameter (about 3/4 in.) are curable with surgery largely because they haven't yet gained genes to develop a new blood supply or to spread. Recently, four new drugs have been developed that partially restore the body's immune capability to destroy tumor cells, and each works differently. Apparent cures occur in about 5 percent of cases, but improvement for more than a year occurs in nearly half.

Although there are no vaccines directed at cancers, three cancers are almost exclusively caused by an infection for which a vaccine exists: liver cancer, caused by Hepatitis B; cancer of the cervix, caused by human papilloma virus; and cancer of the stomach, caused by *H. pylori* infection in combination with other irritants. Specific vaccines can prevent 60 to 99 percent of these cancers.

Moving Around Broadmead

	From	To
Magdalena Reissig	SR-203	T-308

Cuban health system deemed success

By Ed Hirschmann

Broadmead residents heard a rarity at a recent Open Forum meeting: a balanced view of Cuba's nationalized health system.

The speaker was Ronn Pineo, Ph.D., chair of the History Department at Towson University and a specialist in the history of Latin America.

Cuba's health system, developed since Fidel Castro's guerrilla revolution in 1959, has given people in Cuba a life expectancy comparable to that in the United States, 79 years vs. 78 years.

The Cuban system emphasizes disease prevention rather than cure, Pineo explained, with health teams spending half their time making home visits.

Pineo divides recent Cuban history into three periods: the U.S. embargo, beginning in 1962, or, as Cubans call it, "the blockade"; the period of Soviet aid; and the "Special Period," beginning in 1991, when the Soviet Union ended its support. In the Special Period, Cuba lost \$5 billion annually, and the subsequent food shortages resulted in an average weight loss among adult males of over 20 pounds.



Cuba has made great strides in immunization rates (99 percent vs. 70 percent in the U.S.), and has the lowest rate of infectious disease in Latin America.

Although Cuba claims the lowest infant mortality rate in Latin America, Pineo believes there are problems in the reporting—Cuba also reports the highest stillborn rate.

Cuba has opened 12 medical schools in Venezuela, Nicaragua and several African nations. In all, it claims to have posted 130,000 medical personnel in 103 nations.

But the continuing American embargo has hurt the Cuban economy, especially Cuba's ability to obtain medicines, Pineo said. An improvement in relations might give Cubans the opportunity for further gains in national health.

Landscaping continued from page 11

usually caused by flooding, can be removed only by the county.

When questioned about how the Master Plan will impact the Broadmead landscape, Linette confidently replied, "We will work around it."

Paint and Pastels

Thursdays
10 a.m. - 12 noon
Lower Level Art Room

NO SINGING VOICE REQUIRED

If you enjoy singing or humming
old, familiar songs –
If you prefer to sing those tunes
lustily or *sotto voce* –

Come join us for
"Let's Sing"
Third Monday of each month
7 p.m. Lounge.

Jonathan Jensen, who plays bass in the
Baltimore Symphony Orchestra, is our
excellent, accommodating pianist.

We supply the lyrics.
Come for a relaxing, enjoyable hour.

Ceramics

Thursdays
1 p.m. - 3 p.m.
Lower Level Ceramics Studio

Roger Karsk—Jack of many trades and master of all

By Park Espenschade

Roger Karsk spoke to the Saturday Men's Social about his career, from Buckminster Fuller acolyte to Playboy magazine entrepreneur.

Born and raised in rural Illinois, Roger experienced early culture shock, having graduated in a class of 26 and entering the University of Illinois as one of 15,000. He quickly left for Southern Illinois University, acquiring a degree from the design school. Interestingly, Roger spent two months of his senior year in Ghana with Buckminster Fuller.

After obtaining his masters' degree, he went to McDowell County, WV, where he saw first-hand "a truly hardscrabble part of America."

Another radical change in environs brought him to Columbia, MD, which was then a village of 7,500, now a city of 140,000. While living there, he obtained a Ph.D. and wrote a book about teenagers as a mark of a community's evolution. After a divorce, he moved from a Lincoln Continental and a five-bedroom house to a Toyota and a one bedroom apartment. After shuttling back and forth to Jamaica over five years while coordinating a program between Johns Hopkins University and the University of the West Indies, he decided to become an independent consultant. He continued as an adjunct professor at Hopkins.

After remarrying (Sharon), he moved to Baltimore in 1983.

Roger purchased an antiques store on 36th Street and became a dealer in Playboy magazines. One time he acquired 500 never-circulated issues from the Foundation to Prevent Blindness. He carried an inventory of 2,500 issues. His biggest sale was to a local physician, who told him, "My wife and I like to read a lot."

Roger developed his poker skills at age 15 ("still learning"). He has a daughter and a son, and four grandchildren. Karsk in Swedish means "stubborn, hard to move."



Roger and friend
Photo by Erroll Hay

The Creative Scene ...

April brings dazzling variety of exhibits

By Jane Elkinton

April brings new variety to the lively art exhibits on campus. The high level of creativity should inspire us all to grab our paints, needles, chisels and phone cameras and add to the inventiveness in our midst.

The Atrium "Empty Bowls" exhibit last month presented a few of the fifty bowls that were contributed to the St. Vincent de Paul fundraising event at the State Fairgrounds in Timonium. Each bowl represents a \$20 in-kind contribution, totaling a charitable contribution of \$1,000 from Broadmead. Thanks go to the members of Broadmead's Ceramics Studio and instructor Peggy Fowler.

In the **Lower Level Gallery** the Broadmead Photography Club offers "Vegetables Up Close," photographs by **Jackie Mintz**. The inherent beauty of vegetables led Jackie to choose them over flowers for this close-up series in which the play of light and water enhances the surfaces. The photos were taken with a digital SLR camera.



The Display Case features "A Night Out" with evening bags and wine glasses setting an elegant tone. Items loaned by Sue Baker, Priscilla Barrett, Gay Block, Weezie Davis, Sibylle Ehrlich, Lolly Farrington, Susie Fetter, Judith Hundertmark, Dosia Laeyendecker, Renate Meise, Penny Partlow, Sita Smith, and Jan York.

The **Atrium** continues “Spinning Reels: Early Slot Machines,” featuring the earliest era of slot machines, 1929-1935, all loaned by **Fred Terry**.

Fred will be available in the gallery at the times posted on the whiteboard, so bring your questions about the slots and his impressive restoration work.

The **East Hall** is exhibiting a smashing variety of quilts representing works by Carole Glowacki and fellow members of her quilting group – “**Quilters by Design**.” The group has met in each other’s homes every week since the 1970s.

Also exhibiting are several Broadmead quilters: **Pat Campbell, Elsa Collins, Jane Elkinton, Carole Glowacki, Dosia Laeyendecker, Anne Lee, Flora Logie, Denise Love** and **Mary Ellen Saterlie**.

April Exhibits

Vegetables Up Close

Photos by Jackie Mintz
Lower Level

Spinning Reels

Early Slot Machines
Atrium

A Night Out

Display Case

Quilters by Design

East Hall

First Monday Book Group

10:30 a.m. - Auditorium

April 3 **Alexander Hamilton**
by Ron Chernow

May 8 **Small Great Things**
by Jodi Picoult

June 5 **The Rainbow Comes and Goes**
by Anderson Cooper and
Gloria Vanderbilt

Creative Scene Featured Artist:

Nancy O'D. Wilson:

“Lace is like a woman, looks fragile but is very strong”

Nancy O'D. Wilson is a much-exhibited artist who holds an M.F.A. from the Maryland Institute College of Art (MICA) Hoffberger School of Painting and now fills her airy “four-seasons room art studio” with creative energy. Nancy works with textiles and with lace inherited from her grandmother and great-grandmother, bringing a family element into her work. She describes her fondness for lace, which, “like a woman, looks fragile but is very strong.”

Nancy is influenced by the Bauhaus artist Josef Albers and his theories on the interactions of colors and chooses her textiles for their bold hues.



Nancy O'D. Wilson at work in her Broadmead apartment art studio

Photo by Erroll Hay

As an artist who sees things in terms of mass, Nancy uses her fabrics to dynamically occupy the negative in objects like ladders and chairs, which become reinterpreted as sculptural forms.

Continuing her MICA connections, Nancy is assisted in her work by Amy Beverungen, who holds a B.F.A. from the college. Together they also oversee the care of hundreds of Nancy’s works housed in a barn in the area. Her work was most recently exhibited in a juried exhibition at the Ceres Gallery in New York City.

The Broadmead art community is excited that in the midst of her busy exhibition schedule around the country, Nancy will be showing some of her sculptural works here this fall.

Broadmead Briefs...

Text by Jackie Mintz Photos by Erroll Hay

George Pattee has announced the arrival of the campus shuttle bus, which will begin service about April

1. Ten stops have been identified, many along the fire lane.

Rides will be provided from 3:30 p.m. to 8 p.m., Monday through Saturday.

Trips after 8 p.m. will be provided following evening programs, and also around the buffet time on Sunday.

The operation will be carefully tracked, evaluated, and appropriately revised as needed.

George also announced the beginning of the new **security gate operations**. Gates will be open from 6 a.m. to 9 p.m. They will be closed from 9 p.m. to 6 a.m., except for 10:30 to 11:15 p.m., for shift changes.

Residents will begin receiving new **badges**, starting around April 1. These badges will include a barcode to open the gate.

Residents may purchase **remote gate openers** for \$64.

Residents who now own a remote gate opener can exchange it for the new one, free of cost.

Jai Dixon won the ping pong tournament by defeating defending champion **Rolando Mascardo** two games to none. In the semi-finals, Jai downed **Jane Elkinton** 2-0, and Rolando swept **Bob Heaton** 2-0.

The **fenced garden** has a few available plots for residents interested in gardening. Contact **Florence Platt** if you're interested, E-10, 443-578-8209.



In a recent talk to residents, Kevin Kahl, community outreach and public relations officer of the **Baltimore County Police Department**, announced that patrol cars would make runs on the Broadmead campus at night. No recent problems were mentioned, just that Broadmead's needs had been discussed with the police department.



Brain Aerobics Moderator **Andy Switzer** answers a question from **Sally Bloomer** while associate member **Phyllis Bosley** looks on. Twelve people improved their cognitive ability as a result of the program, which is held every Tuesday at 2 p.m. in the Art Studio. *Photo by Bob Heaton*

On the Wellness drawing board for May is a bi-monthly series of lunch gatherings where foods from a particular culture or region are served on small plates to maximize variety. The small plate concept occurred to Andy Switzer because of the Hispanic culinary phenomenon of tapas, which has gained huge popularity during the last 10 years. Andy is working with BRA activities coordinator **Ethel Landis**, as well as Broadmead's Food Service, to develop this program. Thirty-two residents, chosen randomly, will be invited to participate. Educational information about the food and culture of the countries represented will be shared as the food is served.

Let's Sing

Monday, April 17
7 p.m. Lounge



Residents Jonas Rappeport and Alma Smith celebrating Mardi Gras in the Magnolia Room Photo by Jackie Mintz

The Monthly Resident Referral Drawings, though edged out by over-full Fireside Chat agendas, have been continuing, marketing VP **Kristy Krueger** assures the *Voice*. Winners in recent months are **Ruth Fleishman** (December), **Priscilla Barrett** (January), **Herb and Nancy Clark** (February), and **Emily Mohr** (March).

Each winner has been contacted and will receive a \$50

The **Shred-it Box** in the BRA office has become part of the Shred-it boxes of Broadmead, Inc. The BRA will no longer be paying for the box, and it will be relocated to a more public area to be announced. Broadmead, Inc. will now be providing this service for residents.

Marketing VP **Kristy Krueger** spoke to residents at the March Exchange about her career path, and her activities in the Marketing Department.



Phillip Kolker and Friends performed at a recent Residents Association Concert Series: Pictured are Jane Marvine on oboe, Yong Hi Moon at the piano, and Phillip Kolker on bassoon. The program of French music included a Poulenc trio and Willard Elliot's "Six 15th-century French Songs for Oboe, Bassoon, and Piano."

Residents celebrated St. Patrick's Day in Holly Terrace with a traditional dinner of corned beef and cabbage and bangers and mash. Many residents and staff donned green garb to join in the spirit of the day.



King of Leprechauns Tom Hawks

BRA Health Care Lecture

Tuesday, April 18
10:30 a.m. Auditorium

Overview of Sleep Health

Focus on sleep apnea, restless leg syndrome and insomnia

By Gail Hefter, DNP, CRNP

Religion at Broadmead

Friends Meeting for Worship

Sundays, 11 a.m.
Stony Run Board Room

Interfaith Vespers

Third Sundays, 4:30 p.m.
Lounge

Bible Study

(sponsored by
Woodbrook Presbyterian Church)
Tuesdays, 10 a.m.
Fireplace Room

Catholic Mass

(sponsored by St. Francis Xavier Church)
Second Wednesdays, 10 a.m.
Stony Run Board Room

Episcopal Communion

(sponsored by Sherwood Episcopal Church)
First Thursdays, 10:30 a.m.
Dining Room Flex Space

Conversations in Morals and Ethics

(sponsored by
Towson Unitarian Universalist Church)
Third Thursdays, 10 a.m.
Fireplace Room

Shabbat Service

Third Fridays, 7 p.m.
Fireplace Room

Passover

Wednesday, April 12
3 p.m. Auditorium/Lounge

Speaker warns of inattention to arms control

by Ed Hirschmann

Twice in early March, the threat of a devastating nuclear war was dropped (figuratively) on Broadmead residents.

First, the Great Decisions program presented a segment on nuclear weapons and the intricate negotiations involving them: the bomb and missile tests by North Korea, the Iran negotiations, the Middle East threats and counter-threats. Park Espenschade led a thoughtful discussion of the problem.

Three days later, a former Washington defense official, Melvin Goodman, told Open Forum listeners that “we now have a president who doesn’t believe in arms control.” The president has called the nuclear nonproliferation treaty “a bad idea.” Moreover, President Trump “has no knowledge, no curiosity about international affairs,” Goodman charged.

The new Republican administration has no interest in disarmament, the speaker claimed. “The power of the military increases,” he said. “Commanders are now more important than ambassadors.” All are opposed to continuing the Iran anti-nuclear treaty. Goodman is a vigorous defender of the treaty, calling it “an important contribution to nuclear security and nonproliferation.”

The speaker compared this with the U.S. leadership in international order and arms control after World War II, culminating in the 1963 Test Ban Treaty. He cited Dean Acheson, George Marshall, George Kennan, and Chip Bohlen as such negotiators.

The speaker served as division chief, Office of Soviet Affairs, at the CIA. He is currently director of the National Security Project of the Johns Hopkins University Center for International Policy. His most recent book, due for May publication, is titled *Whistle Blower at the CIA, The Path to Dissent*.





Broadmead Movies

Auditorium 7 p.m.

Tuesday movies by Dot Gustafson and Peggy Patterson
Saturday movies by John DePrine and Bob Gist

Saturday, April 1 *Moonlight* (Trevante Rhodes, Andre Holland)

Growing up in a drug-soaked environment, a young black male struggles to make his way through a helter-skelter adolescence.

2016 R 1 hour 51 min

Tuesday, April 4 *No movie, Barn Sale setup*

Saturday, April 8 *Hell or High Water* (Chris Pine, Ben Foster, Jeff Bridges)

Faced with foreclosure on the family farm, two brothers decide their best move is to save the property by robbing banks.

2016 R 1 hour 42 min

Tuesday, April 11 *Manchester by the Sea* (Casey Affleck, Michelle Williams, Kyle Chandler)

Lee Chandler is shocked to learn that he is the sole guardian of his nephew, Patrick.

2016 R 2 hour 17 min

Saturday, April 15 *The 33* (Antonio Banderas, Rodrigo Santoro, Lou Diamond Phillips)

This is the true story of thirty-three miners trapped in a Chilean mine 2,000 feet underground and their rescue.

2015 PG-13 2 hour 7 min

Tuesday, April 18 *Hacksaw Ridge* (Andrew Garfield, Richard Pyros, Jacob Warner III)

The amazing true story of an American conscientious objector who saved the lives of 75 men during the bloodiest battle of WW II.

2016 R 2 hour 19 min

Saturday, April 22 *Woman in Gold* (Helen Mirren, Ryan Reynolds)

Six decades after World War II, a Jewish octogenarian begins a quest to reclaim a painting that was stolen from her family by the Nazis.

2015 PG-13 1 hour 49 min

Tuesday, April 25 *20th Century Women*

(Annette Bening, Elle Fanning, Greta Gerwig)

A boarding house landlord and single Mom enlists the help of her tenants to be role models for her son.

2016 R 1 hour 59 min

Saturday, April 29 *Seabiscuit*

(Tobey Maguire, Jeff Bridges, Chris Cooper)

A knobble-kneed colt becomes a winning thoroughbred at the hands of its owner, its unorthodox trainer and its half-blind jockey, an ex-prizefighter.

2003 PG-13 2 hour 20 min

Men's Saturday Social

9 a.m. Auditorium

April 29 Andy Passmore

Please wear name tags

Cabaret Music and Dancing

Monday, April 10

7 - 8:15 p.m. Lounge

Everyone welcome

In Memoriam

Jim Butzow

October 17, 1935 - February 24, 2017

Elizabeth "Betsy" Schrauder

September 19, 1927 - February 27, 2017

Marcia Damon Reinke

October 13, 1931 - March 26, 2017

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EDITORIAL POLICY

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents.

As its major goal is to promote a sense of community, *The Voice* does not publish criticism of individuals or the three organizational bodies that constitute Broadmead nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems.

The Voice does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems.

Decisions about content as well as writing and photography assignments are made at meetings of the Editorial Board, usually held the first Wednesday of each month. Advance publicity about events should be submitted by the 12th of the prior month, and those assigned to report on events should submit copy of no more than 400 words by the 12th of the prior month or as soon thereafter as the editors specifically allow. All copy is subject to editing and cutting, and should be sent both to voiceBRA@gmail.com and to jmintz137@comcast.net, with a hard copy in *The Voice* mail box.

Broadmead Barn Sale

13801 York Road, Cockeysville, MD**Friday, April 7****8:30 a.m. to 2:30 p.m.****Saturday, April 8****9 a.m. to 12:30 p.m.****(Half price all day)**

*Furniture, Pictures, Frames,
Appliances and Plants*

Thursday, April 6, 2 to 6 p.m.
(Residents and employees only)

Baked goods (Friday only)**Men's and women's clothing****This 'n' That****Holiday Shop****China/Glassware****Lamps****Kitchenware****Baskets****Books****Walkers****Furniture****Pictures****Frames****Linens****DVDs and tapes****Power operated vehicles (Amigos)****Appliances****Jewelry****Shoes****Handbags****Luggage**